

15th Annual

Wise Women's Festival

September 16-18, 2011

*near Penticton, BC
at Naramata Centre*

Adults \$150

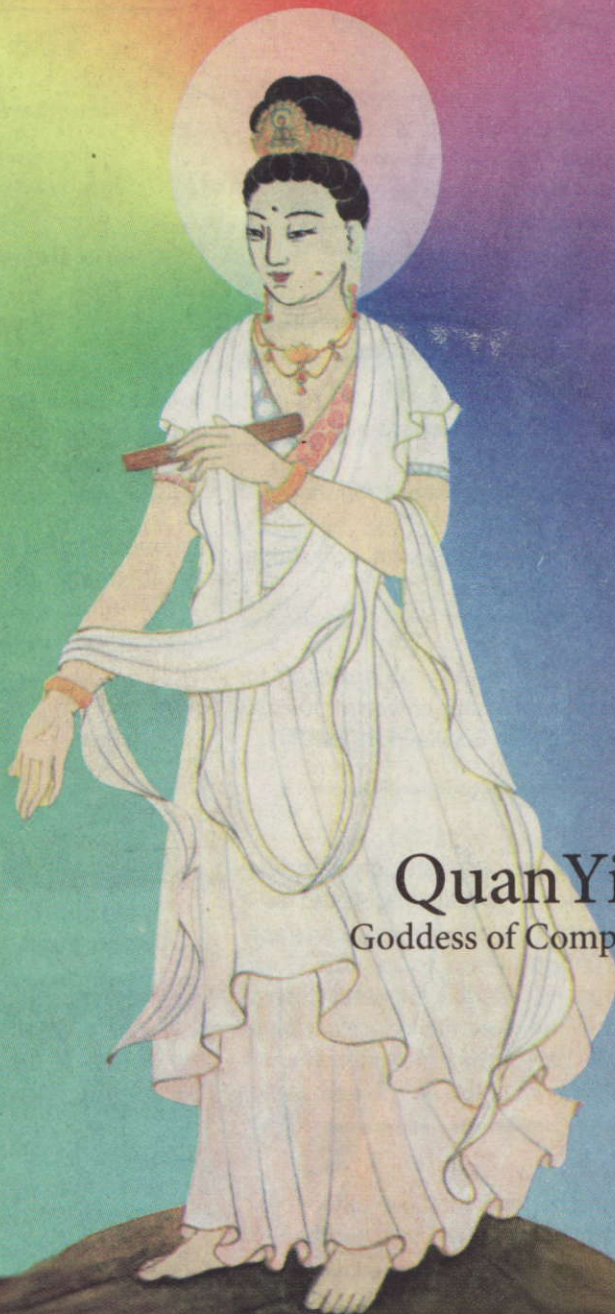
*Crones & Maidens \$125
(over 63 & under 23)*

50 Workshops

A Healing Oasis

Sunrise Ceremonies

A Festival Store & more



Quan Yin
Goddess of Compassion

Program is online at www.issuesmagazine.net

September 16-18 • 15th annual Wise Women's Festival Celebration

Adults \$150, Crones & Maidens \$125 (over 63 & under 23 years) if registered before
August 15th plus meals and accommodation for the weekend plus HST

Register by mail using a cheque and the form on page 14
Register by phone using your credit card: 1-250-497-6861



Questions?
call Angele Ortega
1-855-366-0038

2012 ... this celebration happens September 21-23 at Naramata Centre,
a conference facility operated by the United Church.
Wheelchair accessible • Next to Okanagan Lake • Near Penticton, BC.

Weekend Schedule

FRIDAY SCHEDULE

12 pm On-site Festival registration
at Columbia Hall starts

1 pm Healing Oasis sign-up starts

2:15-5:15 pm Healing Oasis sessions

5:15-6:15 pm Dinner

7:10 pm **OPENING CEREMONIES**

A Song Ceremony followed by the
presenters and concluding with a twenty
minute Crystal Bowl Sound Meditation.

SATURDAY SCHEDULE

6:45-7:30 am • Sunrise Ceremonies

7:30-8:30 am Breakfast

8:45-Noon • Choice of eleven workshops

12-1 pm Lunch

2-5:15 pm • Choice of eleven workshops

5:15-6:15 pm Dinner

6:45-8:45 pm • Choice of eight workshops

SUNDAY SCHEDULE Only 1.5 hours off for
lunch then workshops happen from 1:30-3:30.
4 to 4:25 pm **CLOSING SONG CEREMONY.**

The Festival Store

has space to sell various crafts, crystals, jew-
ellery and more. If you are registered as a
participant, instructor or healer you can apply
for space and bring items to be sold. Go to
the website or ask Marion for details. Items
must be left in the store till it closes at 2 pm
on Sunday. We have a store manager who will
deduct a 15% commission on the items sold.

Give-Away Table

For the sharing of items that are valued
and now ready to be shared with another.



Refreshment Stations

provide herbal teas and organic apple juice
so please a **bring a travelling mug.**

The Healing Oasis is in Lower McLaren Hall.

Sign-up for a maximum of ONE hour per day.

Intuitive Readings, Bodywork, Energy Work, Reiki and more

Sign-up starts at 1 pm on Friday - Sessions are 2:15 to 5:15 pm
Saturday sessions are 8:30 am to 9 pm & Sunday sessions 8:30 am to 3 pm

Rate of \$25 per half hour and \$40 per hour.

Drop-in and by donation Reiki sessions are Friday only.

If you wish to work in the Healing Oasis

We offer a trade: 6 hours of healing sessions for a weekend pass. Healers bring
food to share for the evening potlucks. We provide soup and homemade
bread for lunch, and there is a variety of choices for breakfast, or bring your
own. A fridge and stove are available. Or you can order Naramata Centre
meals (prices on page 14.) A few bursaries are available towards accommodation.

For more details please go to our website: www.issuesmagazine.net
It has all the details, including a page with *frequently asked questions.*

Marion is the Registration Coordinator ph: 250-497-6861



**Marion
Desborough**

Accommodation is on a first come basis.
Costs are on the registration form on page 14.

Check-out of rooms is 1 PM on Sunday.

Meals Please pre-order by **September 1** • Naramata
Centre offers full-course meals with a salad bar, bever-
ages and desserts. Meal prices are on the registration
form. If we have cancellations, a few meals could become
available on-site. There are two restaurants close by.

Finding Naramata - Driving into Penticton from the South, pass
the airport and turn left at the traffic lights (just over the bridge) onto Channel
Parkway (hwy 97 N). Go through two-traffic lights to a third traffic light at
Eckhardt Ave. Turn right, go through four traffic lights and one block to **Haven
Hill.***** Turn left, up hill one block to the 'Y'. Turn right onto Johnson Road, go
3 long blocks. Turn left onto Upper Bench Road, go approx. 1 km. Turn right on
McMillan Ave. Go 1 long block, turn left onto Naramata Road. From this point
it is approx. 11 km to Naramata. Watch for the signs. After 15 to 20 minutes
of driving, the road will swing left and curve down the hill into Naramata. You
will be on Robinson Avenue. Turn left on either 3rd or 4th St. Go two blocks
and you will be on Ellis St. at the Naramata Centre.

Coming from the North - Cross the bridge. You are now on Eckhardt
Avenue, stay on Eckhardt to **Haven Hill.** Follow the instructions.***

WORKSHOPS & WORKSHOP LEADERS

The workshop numbers correspond to the numbers on the overall schedule

Workshop #01 Saturday morning 3 hours

Divine Feminine

The ancient wisdom from the Goddess is available. Through ceremony and ritual we will align ourselves with the highest, light, love and truth to support us as we make our way upon this earth journey. This workshop will enhance your connection to your angels and goddess spirit guides, encouraging you to connect directly with the energies that provide wisdom and nurturing.

Workshop #02 Sunday morning 3 hours

Finding Your Soul Song

We all have a song to sing, our authentic song that can connect us to our wisdom and ancient knowing. Come prepared to have fun. As a child I was told I could not sing, but as I grew older I got curious about my voice and discovered that was not true. If you are curious as to what song you hold in your heart, join us. *Please bring a rattle, or drum if you have one.*

Workshop #03 Saturday morning 3 hours

Introduction to Feng Shui

Discover how to call positive energy into all aspects of your life by applying the ancient Chinese art of placement. With this introductory knowledge you will be well on your way to intuitively enhancing your personal paradise, while honouring Self.

workshop #04 Sunday afternoon 2 hours

Vajrayogini Practice

Tibetan Nuns preserved the Vajrayogini practice in their monasteries, sending the healing energy they had cultivated in their bodies to Mother Earth. This yogic practice connects us to the Earth, keeping us grounded and vibrant, especially as we journey through the seasons of our lives (pregnancy, motherhood, menopause ...)

Wear comfortable clothing & bring a blanket or towel.

Workshop #05 Saturday afternoon 3 hours

Goddess Wisdom

Join us as we create a safe and nurturing space to rediscover and connect with your inner Goddess Wisdom! Learn about the goddess archetypes that are within each of us, and how to honour your own personal connection to the feminine Divine. Bring insight and balance into your day-to-day life, and leave feeling empowered, recharged and in alignment with your Inner Goddess!

Workshop #06 Sunday afternoon 2 hours

Wardrobe Wisdom with Fashion Feng Shui

Discover how the five elements of Feng Shui can work for you from head to toe, and throughout your wardrobe. Recognize and balance the energy you project, and you will discover balance, harmony and prosperity in your life. Match your wardrobe to your personal and unique energies. Discover how to honour your Essential Energy, identify your Intentional Energy, and enhance your Physical Energy to reflect your TRUE SELF.



THERESE DORER

Kamloops, BC • 250 578-8437
www.crystalclearinsights.ca

I have worked as a spiritual consultant and medium since 1998, and have been blessed to give hundreds of spiritual consultations to clients. Since 2002 I have embraced the Shamanic teachings from the Quero in Peru. I am a full Mesa carrier of this ancient Shaman tradition. In the spring of 2010 I did a pilgrimage to Glastonbury and Stonehenge which led me to connecting with the Goddess energies.



BRENDA MOLLOY

Kelowna, BC • 250 769-6898
www.studiochi.net

Brenda is a Shiatsu Therapist, Acutonics Sound Healing Practitioner, Yoga Teacher, Feng Shui Consultant and Tantrika. She is the proprietor of Studio Chi, a school dedicated to the exploration of the movement of chi (energy). Brenda loves to share her passion for life.



ARLANA TANNER-SIBELLE

Kelowna, BC • 250 300-9933
www.goddesswisdomonline.com

Arlana is an intuitive, healer, writer, speaker and personal development coach, empowering people for over 25 years. She is the creator of *Goddess Wisdom*, an interactive workshop to honour the Feminine Divine. She is also a certified Image Consultant and Fashion Feng Shui facilitator, and has received certificates of completion in Pranic Healing levels 1 and 2, as well as Pranic Psychotherapy, Thought Field Therapy, Astrology and Parapsychology.

JILL MARIE

Eagle, Idaho, USA • 208 938-2722
www.SerenityVibrationHealing.com

Jill Marie experienced visitations from Mother Mary and Jesus for three years of her childhood. These great masters were a constant presence throughout those tumultuous years. Mary and Jesus continue to support Jill Marie's evolution to higher consciousness and the continued expansion of the enlightenment technique SVH.

She is founder of The Serenity Vibration Healing® and Enlightenment Technique and writes instructional manuals, channels, and speaks on topics of sovereignty, personal empowerment and mastery. She has done much research on the ancient mastery schools and the advent of humanity and its progression through the ages.



Workshop #07 Saturday morning 3 hours

Workshop #08 Sunday morning 3 hours

Create Only Ideal Realities

How do you know if something is truly 'meant to be' or the result of some random sequences that you inadvertently fueled into formation? More importantly, has your life experiences played out events and outcomes that are less than ideal? If so, the answer is simple: the creation energy that fueled that reality was not in sync with your conscious choices.

Shifting old beliefs and behaviors that stop creation energy from forming your heart's desires is as easy as 1-2-3 with SVH. Learn how to hyper-fuel ideal experiences and attract abundance, harmony and loving relationships.

CINDY-LEE YELLAND

Kelowna, BC • 250 868-2210
www.angelontheloose.com

An accomplished artist, teacher and performer of Bellydance and Middle Eastern fusion dance, CindyLee has studied extensively with local and international instructors since 2000. She delights audiences dancing as *The Angel On The Loose*. She is the director of *The Loose Hip Sisters Bellydance Club*.



Workshop #09 Saturday evening 2 hours

The Wings of Isis

The ancient Egyptian goddess Isis has many gifts to share with us. We will learn beautiful modern versions of magical ritual moves and forms taken from the wall paintings of ancient Egypt. Come dance with wings just as Isis, the goddess of magic, power and protection did in the times of old and unleash the goddess in you!

No dance experience necessary, and wings are provided. I have 10 pairs of wings, so workshop participants are limited.

MARIA GOULD

Vanderhoof, BC • 250 567-5227
www.dawninglightbodyworks.ca

Maria has always been drawn to healing work. Even as a small child, she had gifts she didn't quite understand. To understand these gifts, her journey of self discovery has lead her down the teacher's paths of Yoga, Reiki and more recently ThetaHealing. Her soul has been searching for the one modality that encompasses healing on all levels of being to create gentle and lasting change. This is ThetaHealing. It heals all aspects of the self and shifts belief systems so change is quick and permanent.



Workshop #10 Saturday afternoon 1.5 hours

Workshop #11 Sunday afternoon 2 hours

Introduction to ThetaHealing®

Learn the history of ThetaHealing, a short explanation about the seven planes of existence, and the four levels of beliefs, and receive some wonderful downloads of empowerment from the Creator-of-All-That-Is. Leave feeling loved.

Maria is working in the Healing Oasis for 3 hours.

TEREZ LaFORGE

Kamloops, BC • 778 471-5598
www.terezlaforge.com

Terez is a sound salutarian and a universal woman. She hosts crystal bowl workshops and meditations at the full and new moon in her community of Kamloops. Her focus is to cleanse and empower the energy fields and the people who come to her.



Workshop #12 Saturday evening 2 hours

Chakra Exploration with the Crystal Bowls

Using the musical scales and crystal bowls, and moving from root to crown chakra, we will cleanse and integrate our energy fields in order to open ourselves to greater creativity and fulfillment in our everyday lives.

SUNRISE CEREMONIES with Terez: SUNDAY morning ONLY at 6:45 am in the NORTH WING.

THE QUICKIE SHOWER OF SOUND: Visit the chakra system, from root to crown, in this light passage. A restorative, contemplative, private few moments with the droning bowls. *Bring your blanket for added warmth.*

Workshop #13 Saturday afternoon 1.5 hours

Goddess Belly Dancing-Basics

Workshop #14 Saturday afternoon 1.5 hours

Goddess Belly Dancing-Veils

Celebrate and awaken the Goddess within through belly dancing, an ancient art form of movement with many physical, emotional and spiritual benefits. All ages and sizes will experience the health benefits and become healthier, more sensuous, powerful and creative. Learn the basic movements, play with veils and rebalance your chakras, strengthen your core, improve posture, balance, flexibility and coordination. Leave feeling energized and radiant! *Open to all levels of fitness and dance experience. No dance experience required.*



JENNY PULS (NURA)

Kaleden, BC • 250 497-1189

www.innerblissbellydancing.com

Jenny has been joyfully belly dancing and teaching the past ten years. She's passionate about helping women heal themselves wholly and naturally through knowledge, energy work and movement.

She's a Reiki and Ra~Sheeba Master as well as a BodyTalk Access Technician. In addition she's taken Huna and Bellyfit instructor course training, and had the Reconnection Activation done.

Workshop #15 Saturday morning 3 hours

Colour Card Readings

Create your own oracle based on colour. Learn the power of colour through using these cards, which are provided. Have fun doing readings on one another, and go home with a set of colour cards and a guide.

Workshop #16 Saturday evening 2 hours

Colourful, Soulful You

Through visualization and meditation, discover your Soul Colours and what importance they have had in your life decisions. Find out why you love certain colours and dislike others. This experiential class takes you beyond the rainbow!



CATHY GORDICHUK

Edmonton, AB • 780 476-0828

www.colourenergetics.com

Colour Therapist/Educator, Cathy brings the intelligence of the light spectrum to those who wish to discover the effects of colour. She is director of ColourEnergetics® School of Vibrational Studies and cofounder of the Canadian Colour Association and the Canadian International Association of Colourists.

Workshop #17 Saturday evening 2 hours

Embodying Organs of the Urinary System

A guided physical journey of bladder, ureters and kidneys can bring vitality and support to the greater body as well as this system itself. Through imaging, sensing, sounding and movement we embody organs. We discover the 'mind' of each and offer wholeness to the system.

Workshop #18 Sunday morning 3 hours

Honour 'Fight and Flight' with Balance

Participate in exploring elements of the Autonomic Nervous System and deepen your understanding of 'being.' Frequently taken for granted, the parasympathetic nervous system supports the quiet inner self of digestion and meditation. It should be balanced with the sympathetic nervous system ('fight and flight'). Imaging, sounding, moving and stillness can generate repatterning. We'll conclude resting in the primitive enteric nervous system responsible for 'gut feelings.'



GERDA (Jair-da) MORROW

Kamloops, BC • 250 314-1009

Seymour Arm, BC • 250 318-7067

Gerda is a semi-retired voice coach and Body-Mind Centering practitioner who appreciates opportunities to share her love of finding pleasant and serviceable speaking voices within people. Her style focuses on self-awareness of one's own physical body and energy flow, promoting personal health and understanding. *Bring a mat, blanket, water and a personally meaningful poem or chant.*

Workshop #19 Sunday morning 3 hours

Access Your Inner Power

Elara will help you to connect with your Inner Self through guided meditations. She creates a safe and loving atmosphere for opening and healing the heart. The workshop provides a powerful energetic shift, helping you to clear that which does not benefit you, and to create your heart's desires.



ELARA aka Lea Reardon

Vernon, BC • 250 306-5325

www.TransformationWithElara.com

Elara has taught Meditation and practiced the Healing Arts since 1996. She specializes in Guided Meditations. Her loving countenance and soothing voice help you to achieve deep relaxation and healing. She has a natural ability to help others to transform their lives to a higher level of joy and empowerment. **5**

Elara is working in the Healing Oasis for 3 hours.

DEBBIE CLARKIN
Armstrong, BC • 250 309-0626
www.debbieclarkin.com

Debbie has been doing intuitive healing and readings for over thirty years. She started studying Alchemical Healing in 2003. In 2006 she traveled to Egypt to study with Nicki Scully and was initiated into the Egyptian Mysteries. In 2007 she joined the Lineage of Thoth to become the first teacher of Alchemical Healing in Canada. She has created a ten-week course on Exploring the Energetic World and Developing Intuition.



Workshop #20 Saturday morning 3 hours

Introduction to Psychometry

Objects and photos hold the energy of the people that use them and are in them. Learn how to tune in to this energy using psychometry and clairvoyance, clairsentience and clairaudience.

Workshop #21 Sunday afternoon 2 hours

Get into the Swing of Things

Make and program your own pendulum and learn how to use it. The pendulum can be used in healing, energy balancing, tuning into your higher self, finding missing objects and many other uses.

LINDA BUTLER BUCHANAN
Merritt, BC • 250 378-4435

Linda is a Doctor of Metaphysics; Reiki and Ra~Sheeba master/teacher; certified interspecies communicator; Huna, Munay-Ki, and Yuen practitioner; and member of the Order of Bards, Ovates and Druids. She has a deep appreciation for all life and an unqualified commitment to learning and sharing.



Workshop #22 Saturday evening 2 hours

The Cauldron of Wisdom

With the advent of fall, we become cloaked in the mystery of darkness. This is the time of the Old One, the Welsh goddess Cerridwen, revered in her Crone aspect through her Cauldron of Wisdom, Inspiration, and Transformation. The primary ancient female symbol, the Cauldron represents the womb of the Great Goddess from which all are born and born again. Through ritual and meditation, we shall imbue ourselves with her inspiration, intelligence, and knowledge, as we prepare for our rebirth in the light. *Bring a blanket for meditation.*

Workshop #23 Sunday morning 3 hours **Celtic Totems**

Each of us and our fellow creatures are expressions of divinity—so thought the ancient Celts. In fact, certain animals were considered essential expressions of Life, and their guidance considered a blessing. In this workshop we shall meet our animal totems, journey with them, and learn how they act as oracles on our behalf. Bring along your favourite meditation gear, and I'll bring along stones so that you can devise your own animal oracle set to take home.

SHARON PURDY
Kelowna, BC • 250 763-2203

Sharon is a Certified Traditional Shiatsu Practitioner and regularly participates in skills enhancement training. She has had a private practice since 2007 and gives Self-Care Acupressure workshops to special -interest groups.



Workshop #24 Saturday afternoon 3 hours

Self-Care Acupressure for Stress and Fatigue

The ancient Chinese therapy of acupressure is a natural, hands on healing method that can effectively relieve pain and discomfort, increase circulation and release muscular tension. Come and learn to locate and use specific acupressure points that will help relieve stress and fatigue. Activating these points will help create balance and promote the body's innate capacity to heal itself. Supporting Qi-Gong, Acu-Yoga and a breathing technique will be introduced. *Bring along a yoga mat or blanket.*

Sharon is working in the Healing Oasis for 3 hours.

CRYSTAL ROSE
Penticton, BC • 778 476-2798
www.crystalrosegypsywitchdr.com

Crystal is a charismatic yet down-to-earth mystical personality who employs several of the healing arts along with her natural gifts as a seer in a way that is both entertaining and insightful. She is the perfect characterization of a 'Traveling Wise Woman' who finds love and joy in every experience and then shares.



Workshop #25 Sunday morning 3 hours

Clear the Cobwebs in your Subconscious

As the seasons change, we clear our space to prepare for the new energy. This is an opportunity to use VAHS technology and sacred scalar energy to clear subconscious blockages effortlessly. *Bring a pillow and a blanket.*

Crystal Rose is working in the Healing Oasis for 3 hours.

SUNRISE CEREMONIES with Crystal Rose: SATURDAY morning 6:45 am in the NORTH WING.
KISS START YOUR DAY: Guided meditation to breathe into you love and gratitude. *Bring pillow & blanket. Stay in PJs if you want.*

Workshop #26 Saturday afternoon 3 hours

Chalk It Up and/or Write It Down

Experience the healing properties of music, colour and words. Sing uplifting songs—your choice and then through visualization and meditation let the Muse flow as you create colourful chalk drawings and/or write words to inspire yourself and others. *No musical, artistic or writing background required. Art supplies provided.*

Workshop #27 Sunday morning 3 hours

Sing and Colour You Healthy

Make a joyful sound while singing favourite songs—your choice—from John Denver to Doris Day and other great artists. Create colourful chalk drawings representing past (past lives), present, and future with intent for self-healing. (Drawings can be interpreted.) *No musical or artistic background required. Art supplies provided.*



ROSEMARY PHILLIPS
Christina Lake, BC • 250 447-9713
www.rosemaryphillips.ca

Author of four books, creator of several CDs from original songs, and writer of many published human interest stories and articles about the arts, Rosemary has, for over 40 years, enjoyed sharing her gifts in writing, music, art, intuition, mediumship and healing as a messenger of hope to inspire others on their journey through life.

Workshop #28 Saturday morning 3 hours

Workshop #29 Sunday afternoon 2 hours

Live Your Wildest Dreams ... WRITE NOW!

Susanne is passionate about sharing inspirational tips on how to live a balanced life as well as the importance of living your wildest dreams now. She will also teach you some powerful exercises for how to tap into your creative writing zone. Workbooks will be supplied that you can take home for future reference to help you achieve the fully abundant life that you were born to live.



SUSANNE ALEXANDER-HEATON
Calgary, AB • 403 217-8558
www.motivatedbynature.com
or www.abcfairies.com

After some life-changing wake-up calls, Susanne was inspired to start her own company called Motivated by Nature. Her award-winning children's book, *The ABC Field Guide to Faeries* has inspiring reminders of respect for ourselves, each other and the environment. It is her first attempt of many future endeavours designed to make a positive impact on the environment and all people.

Workshop #30 Sunday morning 3 hours

Rainbow Wisdom— Bridging Heaven and Earth



Sunnaira and MaLeem have both been facilitating and teaching the ways of Spirit, Sunnaira in the traditions of the Red Road, and MaLeem from New Age training. They have combined their wisdom and talents, focusing intention with the drum and singing crystal bowls. Their harmonics create a powerful sacred space bridging heaven and earth with a resonance that moves through all the bodies, bringing forth a 'oneness of being' for those in attendance.

MaLEEM
aka Karen Coogan
Penticton, BC • 250 770-1166

MaLeem has been consciously walking her Spiritual Path since awakening in 2004. Her teachers have been aligned to energetic healing modalities including Reiki, Water/Lovebody Healing, Psychosomatic Therapy, Channeling, and Sound Healing of the singing crystal bowls. She is currently working on her Master's degree with the International Metaphysical Ministry.

SUNNAIRA *aka LorRaine Armstrong*
Okanagan Falls, BC • 250 497-6797

Sunnaira has walked the Red Road for over twenty years and was shown the way by several wonderful teachers of the Lakota traditions. She shares her wisdom through Sacred Ceremony that honours our Mother, honours Spirit, and honours the spirits that walk with us bringing gratitude, personal healing and healing of all within the Sacred Circle of Life.

SATURDAY MORNING • SUNRISE CEREMONIES • 6:45 am in LOWER ALBERTA HALL with Sunnaira
A TIME TO GIVE THANKS for a new day with drum, song, prayer and meditation.

SATURDAY MORNING • SUNRISE CEREMONIES • 6:45 am at the LABYRINTH with MaLeem
LABYRINTH WALK Combine the heavenly tones of the crystal bowls and the connection to earth as you walk the Labyrinth

SUNDAY MORNING • SUNRISE CEREMONIES • 6:45 am LOWER ALBERTA HALL with Sunnaira & MaLeem
A time to give thanks for a new day with drum, crystal bowls, song, prayer and meditation.

RUTH BIEBER
Kelowna, BC • 778 478-4380
www.playwithperspective.com

In the early 1990s, Ruth founded InsideOut Theatre and was the Artistic Director for seventeen years in Calgary, even though she is blind. She is currently writing a book about the countless innovations she has made to both theatre and the rehabilitation communities. Currently, she divides her time between Canada and New York, where she is writing and promoting her plays and is establishing an experiential gallery program in Kelowna for people who are visually impaired, modeled after the *Art Beyond Sight* program in New York City.



Workshop #31 Saturday afternoon 3 hours

Transformation through Drama (Acting like Scaredy Cats)

Participants will discover the transformative power of the dramatic arts. Individuals who do not feel they belong on stage are encouraged to challenge themselves in this friendly environment using the safest of drama games and activities.

Workshop #32 Sunday afternoon 2 hours

Transformation through Story Telling

The world is hungry for the return of the verbal tradition, but how to begin? This workshop will provide creative and safe strategies that are personally inspiring. Techniques learned can be shared with friends and family. *Please bring a treasured, non-breakable item to the workshop.*

MAGGIE SHIRLEY
Kelowna, BC • 250 801-2349

Maggie moved to the Okanagan last year to pursue her Master's of Fine Art at UBC Okanagan. Much to her surprise, 12 years ago Maggie discovered she wanted to make art and since has been on a epic journey from the Kootenays to Ireland, Spain, Venice and Banff pursuing her passion.



Workshop #33 Saturday morning hours

Sacred Self-Portraits

In this session, we will access and explore our creativity together in a relaxed atmosphere. Following a guided meditation and discussion, we will create a beautiful portrait of our sacred selves using paints, craft materials, collage materials and found objects. *All levels including beginners welcome.*

Workshop #34 Saturday evening 2 hours

Drawing 101

Drawing is a metaphor for life: it is the art of seeing what is there, not what your mind thinks is there, and expressing it in your own unique way. Together, we will experience fun and safe activities designed to help release the artist within.

Beginners are especially welcome!

YONISHA
aka Miriam Cunha
Kelowna, BC • 250 448-5523
www.yonisha.com

Since she was a young girl, Miriam has been deeply involved in different esoteric studies, always researching different paths of human physical, emotional and spiritual evolution. As a result of her experiences, she has chosen to use music, dance movement and graphic arts as tools to facilitate a deeper understanding of human nature and to create a connection to a higher level of consciousness.



Workshop #35 Saturday evening 2 hours

The Mayan Tzolkin

Transformational work to create a bridge between physical and spiritual realities and raise consciousness to a higher dimension. The meditation is designed to stimulate the intuition and help you become more spontaneous, open, playful, loving and trusting. Its purpose is to lead you to your own divine wisdom and self-knowledge. A journey of awakening using the Mayan symbols, numbers, mudras and affirmations to connect to the different energies of our creation. The Mayan symbols are a language of light that represents a connection between our physical reality and the Galactic source of creation.

Workshop #36 Sunday morning 3 hours

Spiritual Survivors' Bootcamp

Develop and enhance your connection with your inner peace and unconditional love energies and reach your Zero Point field of energy during this time of transformational changes. We are all experiencing big changes along with our planet's evolution, and one of the most important things we have to focus on right now is our Spiritual connection and the activation of our third eye or our pineal gland. This workshop will share with you a series of exercises, practices, ideas, and meditations to allow you to receive inner guidance to be able to survive the changes and actually evolve with the opportunity, avoiding the looping back to previous experiences or reincarnations.

Workshop #37 Saturday afternoon 3 hours

Change Fear Energy with Guidance from Your Angel Team

NOW is a time to move from fear to love and light energy. Archangel Michael's message, 'YOU ARE ONE WITH THE UNIVERSAL LOVE ENERGY OF VIBRATIONAL CHANGE.' Gain new insights to self through guided meditations and how we all connect with our angel team. Have the opportunity to experience the presence of Archangels Michael, Raphael and your own guardian angels to assist with change.



CINDY SMITH
Powell River, BC • 604 483-5223
www.cindysmithaep.com

After many years of working in the counselling field, Cindy has now found her life passion by teaching others to find their own power, trust in their intuition and connect to their angels. Cindy teaches the *Angel Empowerment Practitioner Certification™ Course* and has developed *Connect To Your Own Power* workshops.

Cindy is working in the Healing Oasis for 3 hours.

Workshop #38 Saturday afternoon 3 hours

Workshop #39 Sunday afternoon 2 hours

Awakening Our Heart

Using releases, silence, movement, the sound of light, Brain Gym and consciousness of awareness, we open the door to truth, grace and the joy in your heart. *Please bring water and a blanket.*



ANANDA PROKOPOVA
Nelson, BC • 250 825-0116

I am an active elder in practicing the art of conscious listening. I support and guide souls by listening and using movement, the sound of light and/or laughter. I am often called a 'Midwife of the Soul.' I have many years experience and training that allows me to open the inner jewel within the brilliant core of every being.

Workshop #40 Saturday morning 3 hours

Inner Rhythms Drumming Celebrating the Rhythms of Community

Enjoy a fun, interactive, hands-on exploration of culture and community with a focus on African Djembe drumming. Using oral tradition such as call/response songs, story, movement and imitation, participants will experience and create a synergy that moves us beyond the spoken word. This African and world music rhythms workshop will blend art form with skill and technique development. *Some drums will be provided, or bring your own.*



JOAN CASORSO
Kelowna, BC • 250 862-9724

Joan brings over 25 years of teaching experience, along with the development of the Inner Rhythms Teaching Methodology System. Her classes encompass drum, dance, rhythm-based communication activities, Yoga Plus, community building and body/mind/spirit health. Joan's gentle and informative approach allows participants to relax and open to their potential.

Workshop #41 Saturday morning 3 hours

Who Resides Inside of YOU?

Learn to recognize your physical, emotional and mental bodies by observing your emotions. By becoming conscious of your thoughts we get to realize who lives inside of you. Through conscious meditation we will 'create' a symbolic image of our body. We will work with different colors, becoming aware of them. *Please bring blanket and pillow.*



AMARI
aka Rossana Garcia
Bridgesville, BC • 250 446-2464
www.bloominyoga.com

Amari has been practicing and teaching Yoga for the last ten years. She is a Reiki Master and healer, and creates her sessions from the heart, being sensitive and helping students to connect with a deeper and more subtle state within them. She holds a Master's degree in Art Therapy from Barcelona, Spain.

SUNRISE CEREMONIES with Amari BOTH mornings at 6:45 am in the SOUTH WING

SHAKTI YOGA: Shakti represents the many aspects of the creative feminine power. Through dynamic sequences that come together in a natural way, assisted by our breathing, we will connect with the continuous flow of this creative energy.

LEAH SINCLAIRE
Calgary, AB • 403 819-2312
www.quantumnumerology.com



Leah became fascinated with numerology in 1998, when she studied under Clayne Conings, a philosopher of the Kabalarian wisdom. She continued with five years of personal study before founding Quantum Numerology Inc., an internet consulting business. She discovered there is a 'quantum field' that is governed by simple math. Leah provides consultations and is coauthor of *Manifest Success: Momentum, Miracles and Motivation*.

Workshop #42 Saturday morning 3 hours

Analyze your Birth Chart

Have numbers always held a fascination for you? What's your purpose? Will you ever meet your soul mate? Enter the magical, fascinating world of numbers! Join Leah for a lively, learning experience where she shows you hidden pearls using your name and birthday. Discover the magic of numbers and how they can change your life!

Workshop #43 Saturday evening 2 hours

Analyze your Name

What does your name mean? What destiny does your name give you? Your children? When you married you changed your destiny! Introducing 'Name Analysis' and the secrets to success using numbers.

PATTY BOJCZUK
Maple Ridge BC • 604 465-9438
www.rethinkingyourlife.ca



Patty has enjoyed her own practice as a Certified Hypnotherapist, Meditation Teacher, Stress Management Consultant, NLP Practitioner and Professional Psychic for the past nine years. Her private sessions and workshops provide easy and effective ways to quickly eliminate negative and limiting patterns of thoughts, emotions and behaviors to create long-lasting positive life changes!

Workshop #44 Saturday morning 3 hours

The Bliss of Living A Heart-Centred Life

Patty teaches a simple and powerful process to create positive life changes from the inside out. Learn how to transform your outer world to match your inner heart's desire. Enlighten yourself on manifesting and empowering yourself with an ability to stay centered in your truth!

Patty is working in the Healing Oasis for 3 hours.

SANA SHANTI
Nelson, BC • 250 354-4114



Sana's background is primarily in Tai Chi and Qigong, but she has also trained in energy work and studied various therapies and philosophies. She combines these trainings into a body-based transformational therapy. She travels Western Canada and the U.S. teaching Tai Chi principles to diversified groups, so they can integrate these principles into their bodies and lives.

Workshop #45 Saturday afternoon 3 hours

Body-Based Transformation Training

Time to focus on identifying old patterns of holding and tension. Using relaxation, alignment and centering we start the process of resolving old physical patterns which opens the door for resolution of limiting emotional and mental patterns. This exploration will give us concrete experiences and insights as we experience centredness and well-being.

Workshop #46 Sunday afternoon 2 hours • Learning to Let Go

Using the Tai chi principles of structural integrity, relaxation and centering we will explore the physical process of letting go. As we become aware of our physical tension and old holding patterns, we open the door for internal resolution of emotional and mental patterns of rigidity. We learn to trust and enjoy the gifts of surrender, embodying deeper levels of peace and well-being - physically, emotionally, mentally and spiritually.

MARIE-JEANNE FENTON
Kelowna, BC • 250 862-5121
www.thehealthartist.com



Marie-Jeanne is a Certified Biofeedback Technician and Oneness Blessing (Deeksha) Giver. She calls her client sessions in Kelowna a 'healing fusion' and often combines Touch for Health, Reiki and the Yuen Method techniques, as well as plant based nutrition, and body detoxification planning.

Workshop #47 Sunday morning 3 hours

The Akashic and Beyond

Learn how to access your Akashic Records with clearing on issues of Resentment, Forgiveness, Relationships, Self-Esteem and Honouring. Journey to lovingly meet your Akashic Masters, Teachers and Loved Ones. Enjoy beautiful Music, Pillar of Light Meditation and brief Chant to set the energy and experience Divine Universal Consciousness.

SUNRISE CEREMONIES with Marie-Jeanne: BOTH mornings at 6:45 am in CHAPEL.

ANANDA MANDALA: Chakra balancing, vigorous breathing and meditation closing with recorded crystal bowl meditation. **10**

Workshop #48 Saturday afternoon 1.5 hours

Introduction to the Yuen Method™

Learn the underlying theory and techniques of using bio-quantum physics as we connect to the root cause of physical, mental or emotional pain and eliminate it through energetic corrections to restore health and balance. Let me prove that healing does not have to take a lot of time or effort.

Workshop #49 Sunday morning 3 hours

Are You Searching for Answers?

Yuen Method™ Introductory class

The Yuen Method™ raises the bar for humanity by providing consistent results for success in fitness, relationships, finances, purpose, career, youthfulness, time and health. Everyone can learn how to use this innovative, hands-off method to identify the true cause of energetic weakness in the body, mind and spirit and eliminate them once and for all.

After this workshop you will identify:

- * Where Your Pain Really Comes From
- * Why Too Many Answers Are Worse Than None
- * The Real Solution (The Answer Will Surprise You!)



COLETTE STEFAN
Regina, SK • 306 584-9135
www.crystallinevision.com

Colette is a certified Yuen Method™ practitioner/instructor. She interned with Dr. Yuen, achieving certification in November of 2008. "The Yuen Method has empowered me in every area of my life. I am blessed to have Grandmaster Kam Yuen honour me with the privilege of sharing this information with you."

Workshop #50 Saturday afternoon 1.5 hours

Past-Life Regression

Learn how past lives are important in your life today. Experience going back in time to another life and transform blocks and decisions made during that life.

Workshop #51 Saturday afternoon 1.5 hours

Protection vs. No Protection

A discussion on the need for having personal or psychic 'protection' or not. Plus looking at how our personal power relates to the question of needing protection. Through understanding how you respond to your life, you will come to know when it is important to 'protect' or not to protect.

Workshop #52 Sunday afternoon 2 hours

Discussion on Guides, Channeling and the Soul

Bring your ideas and concepts, and discuss how they have worked for you. Or just bring you, and listen and learn to the different concepts, as moderated by Norma. This discussion can aid you in becoming clear and what the 'soul' is about.



NORMA COWIE
Penticton, BC • 250 490-0654
www.normacowie.com

Norma has been a student of metaphysics for over 40 years. As a working psychic consultant, coach and teacher, she is the author of eight books, including *Many Lives and Many Ways of Remembering* plus CDs and DVDs on the subject. Once a year she presents her intensive "Plug Into Your Personal, Psychic and Spiritual Power." She always brings insights and humor to her workshops.

Workshop #53 Saturday afternoon 3 hours

Live in the Light

Come, explore the body's chakras or subtle rainbow energy centres of light. We will start with a one-hour asana (yoga) practice, suitable for all abilities, to explore the seven energy centers of (1) abundance (2) intimacy (3) power (4) love (5) joy (6) vision and (7) wisdom. Then each participant will select one chakra and, through guided reflection and journalling, we will mend the leaks in the energy centre to reclaim our authentic self.

Please wear comfortable clothing and bring your yoga mat, pillow, journal and pen.



MELISSA PERHUDOFF
Kelowna, BC • 250 762-7850
www.kelownayogahouse.org

Melissa has been studying yoga for twenty years to uncover the mysteries of her soul. Using yoga as her path to self understanding, compassion and liberation, she has studied the Iyengar method of asana or physical postures, the yoga sutras or spiritual texts, mantra or sacred sounds, and pranayama or breath. A recent trip to Hawaii to swim with the wild dolphins confirmed her yogic knowing of a deep sense of belonging on Mother Earth and connection with the divine order of life. Knowing that we are one heart, one planet, one spirit, how can we not love and support each other on our journeys?

SUNRISE CEREMONIES with Melissa BOTH mornings at 6:45 am in the LOFT.

MANTRA & MEDITATION: Greet the day with a song in your heart and sweet harmonies in your soul.

These numbers indicate the workshop location on the map that you will receive at the Festival

WEEKEND SCHEDULE

Saturday

Location

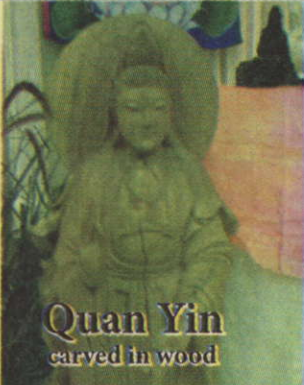
	8:45-noon	2-3:30 pm	3:45-5:15 pm	6:45-8:45 pm
1 Loft	#41 AMARI Who Resides Inside of YOU?	#53 MELISSA PEREHUDOFF Live in the Light		#22 LINDA B-BUCHANAN The Cauldron of Wisdom
2 North Wing	#03 BRENDA MOLLOY Introduction to Feng Shui	#37 CINDY SMITH Change Fear Energy with Guidance from Your Angel Team		#12 TEREZ LaFORGE Chakra Exploration with the Crystal Bowls
3 Sessions Room	#28 SUSANNE HEATON Live Your Wildest Dreams ... WRITE NOW!	#26 ROSEMARY PHILLIPS Chalk It Up and/or Write It Down		#34 MAGGIE SHIRLEY Drawing 101
4 South Wing	#42 LEAH SINCLAIRE Analyze Your Birth Chart	#50 NORMA COWIE Past-Life Regression	#51 NORMA Protection vs. No Protection	#43 LEAH SINCLAIRE Analyze your Name
5 Maple Court 3	#44 PATTY BOJCZUK The Bliss of Living a Heart-Centred Life	#45 SANA SHANTI Body-Based Transformation Training		<i>Healing Oasis is open 8:30 am to 9 pm</i>
6 Chapel	#01 THERESE DORER Divine Feminine	#38 ANANDA PROKOPOVA Awakening Our Heart		#35 YONISHA Mayan Tzolkin
7 upper Alberta Hall	#07 JILL MARIE Create Only Ideal Realities	#24 SHARON PURDY Self-Care Acupressure for Stress		#17 GERDA MORROW Embodying Organs of the Urinary System
8 lower Alberta Hall	#15 CATHY GORDICHUK Colour Card Readings	#49 COLETTE Introduction to the Yuen Method™	#10 MARIA GOULD Introduction to ThetaHealing®	#16 CATHY GORDICHUK Colour Soulful You
9 Great Hall	#40 JOAN CASORSO Inner Rhythms Drumming	#13 JENNY PULS Goddess Belly Dancing-Basics	#14 JENNY PULS Goddess Belly Dancing-Veils	#09 CINDY-LEE YELLAND The Wings of Isis
10 Orchard Court A	#33 MAGGIE SHIRLEY Sacred Self-Portraits	#31 RUTH BIEBER Transformation through Drama		<i>No public washrooms are available in Maple Court or Orchard Court.</i>
11 Orchard Court B	#20 DEBBIE CLARKIN Introduction to Psychometry	#05 ARLANA TANNER-SIBELLE Goddess Wisdom		



September 16-18, 2011

These numbers indicate the workshop location on the map that you will receive at the Festival

Sunday

		8:45-noon	1:30-3:30 pm	Location
SAT & SUN	SUNRISE 6:45-7:30 am MELISSA <i>Mantra & Meditation</i>	#23 LINDA BUTLER BUCHANAN Celtic Totems	#21 DEBBIE CLARKIN Get into the Swing of Things	Loft ¹
	CRYSTAL ROSE <i>Kiss Start Your Day</i> TEREZ LAFORGE <i>Quickie Shower of Sound</i>	#19 ELARA REARDON Access Your Inner Power	#52 NORMA COWIE Discussion on Guides, Channelling and the Soul	North Wing ²
	Festival Store opens at 2 pm on Friday	#27 ROSEMARY PHILLIPS Sing and Colour You Healthy	#29 SUSANNE HEATON Live your Wildest Dreams ... WRITE NOW!	Sessions Room ³
SAT & SUN	AMARI <i>Shakti Yoga</i>	#08 JILL MARIE Create Only Ideal Realities	#06 ARLANA TANNER-SIBELLE Wardrobe Wisdom with Fashion Feng Shui	South Wing ⁴
	Festival Store closes at 2 pm on Sunday	#49 COLETTE STEFAN Are you Searching for Answers?	#46 SANA SHANTI Learning to Let Go	Maple Court 3 ⁵
SAT & SUN	MARIE-JEANNE FENTON <i>The Ananda Mandala</i>	#02 THERESE DORER Finding Your Soul Song	#39 ANANDA PROKOPOVA Awakening Our Heart	Chapel ⁶
SAT	MaLEEM <i>Labyrinth and bowls</i>	#18 GERDA MORROW Honour 'Flight and Fight' with Balance	#04 BRENDA MOLLOY Vajrayogini Practice	upper Alberta Hall ⁷
SAT	SUNNAIRA <i>A Time to Give Thanks</i>	#36 YONISHA Spiritual Survivors' Bootcamp	#11 MARIA GOULD Introduction to ThetaHealing®	lower Alberta Hall ⁸
SUN	SUNNAIRA & MaLEEM <i>Prayers, drums & bowls</i>	#30 SUNNAIRA & MALEEN Rainbow Wisdom- Bridging Heaven and Earth	#32 RUTH BIEBER Transformation through Story Telling	Great Hall ⁹
 <p>Quan Yin carved in wood</p>	#47 MARIE-JEANNE FENTON The Akashic and Beyond	Closing Ceremonies at 4 pm in Great Hall	Orchard Court A ¹⁰	
	#25 CRYSTAL ROSE Clear the Cobwebs		Orchard Court B ¹¹	

Saturday Evening Entertainment ... 9-11 pm

Dancers CindyLee, Jenny, and Yonisha love to perform as does

Joanie and her drummers. After that some DJ music for those who like to shake it up.

**Register before August 15TH and save ... Adults \$150, Cronos & Maidens \$125
plus meals, accommodation and HST • On-Site Registration starts Friday at noon.**

REGISTRATION FORM

**Healing Oasis Registration starts at 1 pm
Healing Sessions available Friday 2:30 to 5:30 pm**

Name(s) _____

Address _____ Phone _____

Town _____ Prov. _____ Code _____ Email _____

FESTIVAL FEES

		Weekend	Saturday <small>only</small>	Sunday <small>only</small>
ADULTS (26-62 years)	on or before August 15	\$150	\$110	\$55
	August 16—September 12	\$170	\$120	\$65
	After September 13 and on-site registration	\$180	\$130	\$70
CRONES 63 yrs+ and MAIDENS (10-25 yrs)	on or before August 15	\$125	\$95	\$45
	August 16—September 12	\$145	\$105	\$55
	After September 13 and on-site registration	\$155	\$115	\$65

MEALS: Please pre-order by September 1

MEAL PACKAGES Meals include dessert and beverage. If you have dietary restrictions please advise.

6 meals Friday dinner to Sunday lunch \$98 _____ **5 meals** Saturday breakfast to Sunday lunch \$76.⁰⁰ _____

INDIVIDUAL MEALS	Fri. Dinner	\$24	_____	Sat. Breakfast	\$12	_____	Sat. Lunch	\$16	_____
	Sat. Dinner	\$24	_____	Sun. Breakfast	\$12	_____	Sun. Lunch	\$16	_____

ACCOMMODATION *Bedding and towels included. Check out time 1 PM - Sunday*

- Cabins *One or two rooms. Double bed and/or two single beds, plus front room with a hide-a-bed/couch plus kitchen.*
- Maple Court *One double bed, one single bed and a bathroom. Fridge, sink and tea kettle in the foyer.*
- Orchard Courts **NEW** *Two single beds and a bathroom in each room with a shared common space that includes a kitchen.*

Pricing for above accommodations

- Shared: Two people, two nights \$110 per person • Three people, two nights \$105 per person
- Private: One person, two nights \$200 • Private: one person, one night \$120.

- Alberta Hall *A two storey dorm with two single beds in a room and a large multi-use bathroom on each floor.*
 - Shared: Two women, two nights \$85 per person • Two women, one night \$55 per person
 - Private: One woman, two nights \$120 • One woman, one night \$70

- R.V. Space \$40 per night including electrical hook-up *R.V. & tent spaces have a central bathroom with shower and a picnic area.*
- Tent \$25 per night (no power)

**To book nearby accommodations visit www.DiscoverNaramata.com Many have websites with images and directions
BC Motel: 250-496-5482 • Village Motel: 250-496-5535 • Over 20 B & B's
Naramata Heritage Inn: 250-496-6808 • Sandy Beach Lodge: 250-496-5765**

Festival Fees	\$ _____
Meals	\$ _____
Accommodation	\$ _____
Subtotal	\$ _____
HST (add 12%)	\$ _____
Grand Total	\$ _____
Amount enclosed	\$ _____ (50% deposit required)
Balance	\$ _____ payable at the door

Make cheque payable to **Visions unlimited, Wise Women's**. Send it to Marion Desborough, L1-4505 McLean Creek Rd, Okanagan Falls, BC V0H 1R1

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

No refunds on meals or accommodation **after** September 1. We refund festival fees, less \$35 per person, if notified.

If paying by credit card phone **250-497-6861**

Questions? **1-855-366-0038** Angele Ortega

Please bring a travelling mug for refreshment breaks.

Naramata Centre requests NO pets on site and DO NOT call Naramata Centre to register